

EPISCOPAL CHURCH OF ALL SAINTS AND ASCENSION

Bible Study

March 26, 2026

10:00 am

<contact parish office for Zoom login info>

Love the Lord your God with all your heart and with all your soul and with all your mind. ~ Matthew 22:37

Leader: Joyce Crittenden

Lesson: Twenty-three: Are You A Proverbs 31 Woman?

Affirmation: I am who God says I am. We are who God says we are.

Opening Prayer

1. What does the Bible say about God's character? (**1 Peter 1:15-16**), (**2 Timothy 2:13**), (**Psalms 115:3**), (**Lamentations 3:22-23**), (**Hebrews 4:13**), (**Psalms 136:2**)

Proverbs 31

2. Describe the book of Proverbs

Describe yourself using the following characteristics.

3. She is noble and precious. Verse 10
4. She cares for the poor, demonstrating her generosity and compassion; she takes care of others and herself (verse 20-22)
5. She builds up and enhances the reputation of others. (verse 23)
6. She is strong, both in body and spirit, and doesn't fear the future.
7. She speaks with wisdom and loving instruction. She is active. She is not idle. (verses 25-27)
8. She is admired by her family and friends.(verses 28-29)
9. She is admired by the Lord. She has a godly perspective and receives godly praise. She fears the Lord and values Him above her outward appearance.(verses 30-31)
10. Are you a Proverbs 31 woman?
11. What is something you have thought about doing for the poor and/or homeless and it remains a thought?

See the reverse side>

12. When was the last time you talked to someone who needed your conversation?
13. When was the last time you called someone to just ask if they were alright?
14. How many times during a week do you tell someone you love them?
15. How close are you to God?

Closing Prayer